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Anti-AIDS Agents. Part 57:[†] Actein, an anti-HIV principle from the rhizome of *Cimicifuga racemosa* (black cohosh), and the anti-HIV activity of related saponins[☆]

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Abstract—Actein (1), a tetracyclic triterpenoid from the rhizome of *Cimicifuga racemosa* (black cohosh), and 82 related triterpenoid and steroidal saponins isolated from higher plants were evaluated for anti-HIV activity as a continuing study to discover potential anti-AIDS agents from natural products. Actein showed potent activity and another twelve saponins showed moderate activity. The active compounds included two steroidal, seven tetracyclic triterpenoid, and four pentacyclic triterpenoid compounds.

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In our continuing search for novel anti-HIV agents from natural products, we found that a methanol extract from the rhizome of Cimicifuga racemosa, commonly known as black cohosh, exhibited anti-HIV activity. In Europe and the United States, this herb is gaining popularity as a phytoestrogen for menopausal symptoms;² and in Japan and China, some Cimicifuga spp. are used as antipyretic and analgesic agents in traditional Chinese medicine.³ The terpenoid saponin actein (1) was identified as the anti-HIV principle of C. racemosa by bioactivity-directed fractionation and isolation. As our group has been interested in the anti-HIV activity of various natural products, 4,5 including a recent investigation of triterpene derivatives of betulinic acid⁶ and ursolic acid,⁷ we also evaluated 83 related saponins (1-83), which are isolated from various plant species, including Ranunculaceae,^{3,8} Liliaceae,⁹ Legminoseae,¹⁰ Caryophyllaceae,¹¹ Myrsinaceae,¹² and Hippocastanaceae, ¹³ (Tables 1–3, Supporting Information), ¹⁴ for inhibition of HIV replication in H9 lymphocytes.

Saponins are classified into several structural types: S series are steroidal saponins, T series are tetracyclic

triterpenes, and G series are oleanane-type triterpenes. Our study included 32 T-type (1–32), 5 S-type (33–37), and 46 G-type (38–83) saponins. T-type and S-type saponins have fewer sugar moieties than G series saponins, which are glycosylated at C-3 and C-28 and contain one to three geranyl moieties. Some T- and S-type saponins contain spiroketal moieties.

Thirteen out of the 83 tested saponins showed activity against HIV replication in H9 lymphocytes. 15 The data are shown in Table 4 and the active structures are given in Figure 1. The most promising compounds were Ttype saponins, with actein (1) being the most potent compound with an EC₅₀ of 0.375 µg/mL and TI of 144. Six additional T type saponins (2, 3, 4, 6, 14, 22) had TI values ranging from 10.5 to 30.2. Compounds 1-4 and 6 were isolated from Cimicifuga racemosa and are 9,19cyclolanostanol xylosides. ⁸ Compound 14 was obtained by acetylation of acetylshengmanol xyloside, which was isolated from the rhizome of Cimicifuga dahurica.³ Compound 22, scillacilloside D-2, was isolated from Scilla perviana. Two steroidal saponins (33¹⁶ and 34¹⁷) had $\dot{E}C_{50}$ values <0.25 $\mu g/mL$, but were also quite cytotoxic (IC₅₀ $\sim 0.5 \mu g/mL$). Four G type saponins (38–41)¹¹ showed only moderate activity and had low TI values. The remaining saponins showed no HIV suppression. Actein (1) appears to be a promising lead compound for future structure modification studies.

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[†] For Part 56, see ref 1.

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Figure 1.

4 =
$$\frac{\text{HO}}{\text{OH}}$$

41, $R_1 = R_3 = \text{H}$; $R_2 = \frac{\text{Me}}{\text{HO}}$
 $\frac{\text{CH}_2\text{OH}}{\text{CH}_2\text{OH}}$

Figure 1 (continued).

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- 14. Names and plant sources of all compounds studied are available in Tables 1–3 as Supporting Information.
- 15. Anti-HIV activity was evaluated at Panacos Pharmaceuticals. The biological evaluation of HIV-1 inhibition was carried out according to established protocols. The H9 T cell line was maintained in continuous culture with complete medium (RPMI 1640 with 10% fetal calf serum supplemented with L-glutamine at 5% CO₂ and 37°C). Aliquots of this cell line were only used in experiments when in log-phase growth. Test samples were first dissolved in dimethyl sulfoxide. The following final drug concentrations were routinely used for screening: 100, 20, 4, and 0.8 μg/mL. For active agents, additional dilutions were prepared for subsequent testing so that an accurate EC_{50} value (defined below) could be achieved. As the test samples were being prepared, an H9 cell aliquot was infected with HIV-1 (IIIB isolate) while another aliquot was mock-infected with complete medium. The stock virus used for these studies typically had a TCID50 value of 10⁴ Infectious Units/mL. The appropriate amount of virus for a multiplicity of infection (moi) between 0.1 and 0.01 Infectious Units/cell was added to the first aliquot of H9 cells. The other aliquot received only culture medium, and these mock-infected cells were used for toxicity determinations (IC₅₀, defined below). After a 4 h incubation at 37 °C and 5% CO₂, both cell populations were washed three times with fresh medium and then added to the appropriate wells of a 24 well-plate containing the various concentrations of the test drug or culture medium (positive infected control/negative drug control). In addition, AZT was also assayed during each experiment as a positive drug control. The plates were incubated at 37 °C and 5% CO2 for 4 days. Cell-free supernatants were collected on Day 4 for use in our in-house p24 antigen ELISA assay. P24 antigen is a core protein of HIV and therefore is an indirect measure of virus present in the supernatants. Toxicity was determined by performing cell counts by a Coulter Counter on the mock-infected H9 cells, which had either received culture medium (no toxicity), test sample, or AZT. If a test sample had suppressive capability and was not toxic, its effects were reported in the following terms: IC₅₀, the concentration of test sample that was toxic to 50% of the mock-infected H9 cells; EC₅₀ the concentration of the test sample that was able to suppress HIV replication by 50%; and Therapeutic Index (TI), the ratio of IC_{50} to EC_{50} .
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